



May 4, 2019

- 9:00 - 9:15 a.m. Connecting
- 9:15 – 9:20 a.m. Call to order at 9:13 am.
- 9:20 – 9:25 a.m. Approval of January, 2019 board meeting minutes - Rhonda motioned to approve the minutes; Sheryl seconded. Motion passed.
- 9:25 - 9:30 a.m. Approval of agenda items - Sheryl motioned to approve with Board Positions moved to the top; Charity seconded. Motion passed.
- 9:30 - 9:45 a.m. President's Report – Charity Stolworthy
1. NMCA conference went well; announcement made that NMSCA separating from NMCA but will continue to support each other. Talked to NMCA about having a discount for NMSCA members with a clinical license; NMCA was receptive to the idea.
 2. Attended part of the McKinney Vento meeting; next meeting in July, 2019. Secretary of Education approved members to this organization. Charity will continue to attend.
 - a. Discussion as to how to reach out migrant family populations.
 - b. PED reaching out to NMSCA more.
- 9:45 – 10:30 a.m. Governing Board Reports
- **President- Charity Stolworthy** - See above
 - **President Elect - Rhonda Harper**
1. NMSCA has always been a division of NMCA; ASCA split from ACA and encouraged NMSCA to become an affiliation, not a division. Two years ago NMSCA incorporated.
 - a. Continued issues with clear membership lists and payments from NMCA and ASCA
 - b. ASCA supposed to be rolling out membership portal; will learn more this summer
 - c. Have to look at membership dues; have a list from the state of NM School Counselor
 - d. Required to have a general membership meeting; will be done at our PD this fall - 2 day PD
- **Past President- Elesha Fetrow**
1. Continuing to share out information on Facebook
 2. New website not searchable currently
 3. Attended meeting with PED - notes sent to board and Elaine Perea/PED
 4. Assisting Charity as needed
- **Secondary VP- Michelle Melved**
1. Shout out to Michelle by Robert for all of her assistance on domain and website
 2. Complaint made to BBB about the former domain owner
 3. Had to rename ourselves; information sent to all of the members: *Schoolcounselor-nmsca.org*
 4. Working on making website consistent
 5. Big push on shout outs to members; have to be careful about what lists she using to send information
 6. Created separate email box that only goes to website; goal is to have specific questions go to appropriate board member
 7. Need to come up with theme after ASCA conference
 8. Getting about 300-350 people opening their shout outs per month
 9. Email Michelle with relevant articles/info so she can send it to our members
 10. Need a calendar/production schedule for the year

- **Middle School VP- Sheryl Bauer**

1. Did last round of quarterly checks on rural school counselors
 - a. Southern part of state seeing influx of migrant students
 - b. Concerns expressed about school safety and CYFD
 - i. CYFD has changed some of its procedures
 - ii. Length of time to make a report
 - iii. Rural school counselors indicating CYFD not going out to investigate reports
 - iv. APS school counselors indicate police are going out on calls and releasing names of reporters
 - v. Hopefully, with new administration, things will change
 - c. Concerns about resources for migrant students - differing resources available based on location
 - i. Lutheran Family Services handling immigrant family services, no longer Catholic Social Services
 - ii. Discussion around placing resource list on website: ~ “Hot Topic - Immigrant and Refugee Resources” put in Word document
 1. UNM program being developed to mentor immigrant families
 2. Brandon Baca/APS Office of Equity and Engagement works with refugees and immigrants
 3. Michelle Esquibel/NM State - Mental Health Coordinator works with refugees and immigrant
 4. Laura Henry/PED - McKinney Vento; Charity will reach out to her for more resources and work with Charity on the resource list

- **Elementary VP - Heather Fried**

1. Having trouble getting information from NMSCA
2. Needs PED list for elementary school counselors
3. Should use NMSCA position email to communicate with members
 - **Professional Outreach VP— Vacant**
 - **Professional Development Chair—Vacant**
 - **Membership Chair—Monica Buddrius - absent**
1. 103 current members, 12 pending members from Alamogordo for their next budget year
2. Need to get current PED licensure for school counselors
 - a. People who counsel on reservations and tribal communities not counted on the PED list
3. Shout outs - advertise “Don’t forget.....” or “this month’s Hot Topic”

- **Website Chair—Robert Wiebelhaus**

1. See above
2. Change passwords at Crossover
3. Working a lot on new website with Michelle
4. Need creative ideas sent by board members
 - **Ethics Chair---Vicki Price - absent**
 - **Legislative Chair—Vacant**
 - **Treasurer—Kelly Trilli**
1. See Treasurer’s Report
2. Conference Profit \$3,817.29
3. Total Income \$9,292.59; total expenses \$3,535.21 gain of \$5,757.38 in checking account; \$24,497.40

- **Secretary—Charlene Lutz**

1. Provided some historical background for NMSCA monies and PD

10:30 – 10:45 a.m. Break

10:45 – 11:30 a.m. **Committee/Liaison Reports**

- **Conference Planning—Charity Stolworthy**

1. Discussion about PD with break-out sessions versus one presenter/one room
 - a. From past experience with NMSCA conferences, it’s been more cost effective for one

presenter/one room

- b. More work for PD Chair to have multiple presenters
2. Linda Metcalf Solution-Focused Counseling and Climate Specialist reached out to Charity as a possible presenter for fall PD associated with ASCA
3. 3 topics membership indicated they wanted from for fall PD
 - a. 63 completed assessment; requested trainings on:
 - i. 55% more training on ASCA model
 - ii. 68.9% ethics
 1. Through webinars? Who could do the CEU's
 2. Can still apply through NMCA
 3. Charity contacting NBCC about approval to clarify "Higher Education Degree" versus licensure
 - iii. 62% social media/inappropriate use
 - iv. 98% anxiety and stress in a positive manner
 1. Breathing through Mindfulness - Kristin presenting at INSPIRE conference
 - v. 83% improve skills to address increasing mental health in our schools
 - vi. 87% trauma, trauma, trauma
 - vii. 76% substance abuse
 1. APS Crossroads Counselors
 4. Can send out RFP's emphasizing mental health (anxiety), trauma, substance abuse - 2 hour sessions for each topic, plus break out session for experiential session as well as general membership meeting
 - a. Send out this week before counselors leave school with deadline end of June
 - b. Conference Theme "Filling Your Toolbox: Strategies, Strategies, Strategies"
 - c. Members to help with mindfulness strategies, art therapy, sand tray, fidgets, yoga, aromatherapy - experiential activities during a break-out event
 - i. Early bird yoga, after conference yoga
 - ii. "Make It and Take It" Session?- need ~20 minutes per activity
 1. Have instructions for how to make fidget
 2. Yoga How to Incorporate into Your SC program - have 1.5 hour lunch with 1 hour yoga session; 1st 25- 30 people sign up; use stage for yoga
 - iii. Exhibit versus Break out
 - a. To have hours counted - need resume and program decision
 - d. November 8-9 for NMSCA Conference previously discussed; Michelle motions to have only one day for conference on Friday, November 8th. Megan seconded; motion passed.
 - e. African American Center booked \$300/day
 - i. APS's Berna Facio?- Heather to check into - Some APS SCs will be presenting; many attend
 - ii. Charity to check into CNM availability and cost
 - iii. UNM has new building on North Campus - Elesha will check into availability and cost

● **SCOTY**

 1. No completed applications this year; 2 nominations

11:30 – 12:15 p.m.

New Business-Board Members

● **Board Positions 2019-2020**

1. Consider new position VP of Charter Schools - Elesha motioned to approve. Michelle seconded. Motion passed.
 - a. Motion for Kristin Reeder to be VP of Charter Schools, Elesha seconded. Motion passed.
2. Elesha Fetrow will be Professional Outreach Chair - Vicki motioned to approve, Sheryl approved. Motion passed
3. Vicki Gonzalez will be Secondary VP - Michelle motion to approve; Rhonda seconded. Motion passed
3. Open Positions: Secretary, Legislative Chair and Professional Development Chair
4. Email the 2019-2020 NMSCA Board List to members to be voted in - Michelle

● **Bylaws** -Leisl Moriarity/ASCA support person for NMSCA had the following questions on the by-laws
1. Should Secretary position be allowed to vote? Rhonda motioned to allow Secretary be allowed to vote as long

as they are a NMSCA member; Vicki seconded. Motion passed.

2. Should Treasurer position be allowed to vote? Rhonda motioned to allow Treasurer be allowed to vote as long as they are member; Sheryl seconded. Motion passed.
3. Charity incorporated Leisl's recommendations to by-laws for clarity. See updated by-laws
 - Website - See Secondary VP and Website Chair's report
 - PED and Migrant Population - See above under MS VP
 - PED Recommendations for PD hours for School Counselor license - Need committee. To discuss at Crossover.
 - NMSCA Conference - Friday, November 8, 2019
 - SWAG for conferences and ASCA SWAG - 10 wristbands left. To discuss at Crossover
 - ASCA Attendance and budget - Need vote on budget -
1. \$100 or \$150/ person for the week for food and transportation
 - a. Get receipts and no alcohol - \$21.25/person for the week for subway card
 - b. Elesha motions \$150/day for attendees going to ASCA conference for food and transportation; Robert seconded. Motion passed.

12:15 p.m.
approved.

Adjourn. Sheryl motioned to adjourn at 12:22 pm; Rhonda seconded. Motion

Upcoming Dates:

- ***NMSCA Crossover - Friday, June 14, 2019, 9:00 am - 1:00 pm. Location: Michelle's house; address to be provided at a later date***
- ***NMCA Crossover-August 3, 2019***