NMSCA

FILLING YOUR TOOLBOX: STRATEGIES, STRATEGIES, STRATEGIES!

November 8th, 2019

African American Performing Arts Center
310 San Pedro Dr NE, Albuquerque, NM 87108

Program Schedule

Registration 7:30 am - 8:00 am
Welcome 8:00 am -8:30 am
Keynote Speaker Katherine Pastor 8:30 am - 9:30 am
Time to Stand: Ignite Your Passion to Light the Way for Your Students to Reach Higher

General Session 1 9:30 am - 10:30 am
Leadership and Advocacy Strategies to Fill Your Toolbox
by Katherine Pastor

General Session 2 10:30 am - 11:30 am
School Counselors and Teacher Librarians: Collaborations and Partnerships with Important Stakeholders by Cristin Haake

Lunch 11:30 am - 1:00 pm
On your Own

Yoga
11:30 am -12:30 pm

General Session 3 1:00 pm - 2:00 pm
Town Hall Q&A with Katherine Pastor

General Session 4 2:00 pm -3:00 pm
What's The Buzz? Current Substance Abuse Trends Among Teens
by Michelle Melved

General Session 5 3:15 pm -4:15 pm
Using Biodots to Teach Students about Stress Management and Self-Care
By Deanna Valdez

Check out 4:15 pm - 5:00 pm
Submit Evaluation form and CE Attendance Monitor Form
Receive Certificate

To receive CE hours, you must complete and return
Contact Hour Monitoring form (can be found at theregistration table)

National Board for Certified Counselors (NBCC) - Provider #2032

Keynote Speaker

Katherine Pastor

Katherine is the American School Counselor's Association 2016 National School Counselor of the Year. Katherine began serving as the Flagstaff High School (FHS) Counseling Department Chair in 2008 and was recognized as the 2010 Arizona School Counselor of the Year. Through a data-driven, comprehensive school counseling program, Katherine and her team have received both state and national recognition. She served the Arizona School Counselors Association(AzSCA) as a board member from 2007 to 2017. Her roles with AzSCA included the vice president for Secondary Counselors in 2008-2011 and conference director from 2012-2017. Before coming to FHS, Katherine worked at Northern Arizona University as a Financial Aid Counselor and Coordinator of Student Employment, and in the Office of Undergraduate Admissions and Athletic Department. Katherine joined the American School Counselors Association (ASCA) board of directors in 2017 and currently serving as the chair. She holds a Bachelor of Science in Psychology, a Masters of Education in Student Affairs and School Counseling from Northern Arizona University. Through the Arizona College Access Network, Katherine has become an Arizona College Access Professional (CAP). The Arizona CAP designation involves 60 hours of coursework, discussion and action planning in three areas: creating a college-going culture; college and career planning; and financial aid and college applications. Katherine and her husband enjoy hiking various locations in northern Arizona, and mastering their culinary skills in the kitchen. Katherine is also an avid college sports fanatic.

General Session Speakers

Cristin Haak

Cristin Haake is a school counselor at Los Alamos High School. In her sixth year as a school counselor, Cristin previously served as a Teacher Librarian for over ten years in Long Beach, California and in Albuquerque. Cristin has a Master's degree in Secondary Social Studies Education, a Master's degree in Library and Information Science, and a Master's degree in School Counseling from New Mexico Highlands University. Cristin has a particular interest in helping students manage stress and anxiety and leads yoga for students and staff at Los Alamos High School. Cristin loves introducing students to new stress management strategies and connecting students with the amazing resources found in their school library and in their community library.

Michelle Medved

Michelle Medved has been an educator for over 23 years. She started out in Phoenix, Arizona where she was born and raised. Michelle has been a middle school teacher and a middle school counselor, as well as an administrator both as a High School Assistant Principal, High School Principal and then as a District Manager. Two years ago, Michelle's family moved to Albuquerque and her and her husband both took positions with Albuquerque Public Schools. Her husband is a middle school science teacher and she is a Substance Abuse Counselor at Eldorado High School. Michelle loves working with teens and is passionate about educating students, parents and the community about the current trends, concerns and habits of teens in regards to substance abuse prevention and intervention. In Michelle's spare time she loves spending time with her family and her three children ages, 10, 4, and 3.

Deanna Valdez

Deanna Valdez is currently working as a school counselor in Albuquerque Public Schools in Albuquerque, New Mexico. She received both a Bachelor's degree in Secondary Education and Master's degree in Counseling from the University of New Mexico. She recently completed a PhD. in Counseling from Oregon State University. Deanna has a clinical license in the state of New Mexico. She began her career in education in 1997 as high school English teacher and moved into a school counselor role in 2007. Deanna also teaches as an adjunct professor at New Mexico Highlands University in the counseling department.

NMSCA

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Volunteer

NMSCA prides itself in being a volunteer board. To fill vacant positions and support our mission we thrive off invested professionals who are willing to give back to the School Counseling Field.
The time and energy required of Executive Board members is:

- 4 quarterly, face-to-face meeting per year.
- Report out on progress of projects or goals related to your job descriptions.
- Additional conference calls as needed.
- Email response to time sensitive issues as needed.

If you are not interested or able to commit the time required of our Executive Board, consider volunteering on an NMSCA committee. Presently, we have 3 committees:

- Conference Planning
  - Regular conference calls to plan and organize the annual conference.
  - Approximately 3-6-month commitment.
  - Free/reduced conference fee.
- NM School Counselor of the Year
  - Face-to-Face meeting (s) as needed.
  - Approximately 2-4-month commitment.
- Ethics
  - As issues arise

Get involved by talking to a Board Member today!

NM School Counselor of the Year

Modeled after the ASCA's School Counselor of the Year (SCOY) award, NMSCA seeks to recognize a New Mexico School Counselor who follows best practices in his/her comprehensive school counseling program.

Eligibility Requirements include:
• Must have worked in New Mexico at least one-year prior and have been practicing School Counseling for at least five years (state/location may vary).
• Must hold a master's degree in school counseling or equivalent.
• Must be licensed as a school counselor by NM PED.
• Must be an NMSCA and ASCA professional member for at least one year prior to the application due date.
• Cannot be a previous NMSCA School Counselor of the Year or ASCA School Counselor of the Year.
• Cannot be a NMSCA finalist during the previous five years'.
• Must have been nominated by his or her peer(s) and/or administrator(s).
• No restrictions on re-nominating semi-finalists.

2017

- Nomination Timeline
  - Open November 2019
  - Close on March 2020
  - Applications due by April 2020

NM SCOTY Award winner will be nominated for the ASCA SCOTY Award and are strongly encouraged to complete the ASCA application process.